

CURRICULUM VITAE

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M.D., MRCPsych, BSc

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Personal Details

Name: Dr. Deepti Rodrigues

I am dual trained in Child and Adolescent Psychiatry and Intellectual Disability. I have gained a wealth of experience working in the assessment, diagnosis and treatment of children with complex neurodevelopmental needs. I have over nine years of clinical experience across community CAMHS teams, Adolescent Inpatient Unit, Liaison, substance misuse, ADHD and intellectual disability service. This experience has helped me refine my skills further in working collaboratively with multidisciplinary team members to deliver the best possible care for service users and their families. I have been actively involved in various service development projects for CAMHS, which has further honed my ability to design and implement innovative, effective care models.

Education

- University of Radford, Virginia, USA – Bachelor of Science (Undergraduate)
- University of Debrecen Medical and Science Health Centre Debrecen, Hungary- Doctor of Medicine (M.D.)
- Basic Specialist Training (BST)- Dublin University Psychiatry Rotational Training Program (DUP RTP) 2011 – 2014
- National Higher Training Scheme in Child and Adolescent Psychiatry (2021 – 2024)

Qualifications

Bachelor of Science- BSc

M.D. - Doctor of Medicine

MRCPsych- CSCST in Child and Adolescent Psychiatry

Fellowship in Child and Adolescent Mental Health Intellectual Disability

Clinical Experience

A. Higher Specialist Training (HST)

07/2024 – Present

Senior Registrar, HST Year 4

CAMHS Intellectual Disability Community Healthcare East-

- I screened and triaged referrals of complex cases of children with neurodevelopmental disorders. I had the opportunity to take a lead role in conducting initial assessments for children with a range of mental health and developmental needs using various assessment tools (ABC- Aberrant Behaviour Checklist; SCARED/SPENCE anxiety rating scales, Ch-PAS) to aid in diagnosis of non-verbal children with complex needs.
- I have undertaken assessment which involves observation of children with moderate to severe intellectual disabilities across various settings e.g. school, home and clinic.
- I took lead in monitoring, treatment and management of prescribed medications for those children attending the CAMHS-ID
- I have actively participated in multidisciplinary and chaired interagency meetings.
- I liaised with CDNT teams (Clinical Disability Network)/special schools and medical professionals who were actively involved in young person's care, to ensure coordinated and comprehensive care is provided from initial assessment to discharge and after care planning.
- I had the opportunity to complete two six month service development projects during my CAMHS-ID - HST training.

07/2023- 07/2024

Senior Registrar, HST Year 3

Rural Linn Dara CAMHS post in Kildare

- I screened and triaged complex initial assessments of children with mental health disorders. I often had to clarify ADHD diagnosis and other psychiatric co-morbidities. I am confident in managing and treatment of ADHD and complex presentations in community.
- I was responsible for a complex caseload with various neurodevelopmental and psychiatric comorbidities.
- I was involved in assessing risk presentations and implementing safety plans.
- I collaborated and supported other MDT team members (Senior Psychologist; Speech and language Therapist; Occupational therapist; Clinical Nurse Specialist and Clinical Social worker) on complex case presentations.
- I took lead in interagency team meetings to advocate for the service users.

- I had general on call duties to Adolescent Inpatient Unit in Linn Dara and Emergency department in CHI- Tallaght hospital. I also provided clinical reviews to the paediatric ward in Tallaght as part of on-call responsibilities.
- I often liaised with G.P.'s/ Schools/ outside agencies (i.e. TUSLA; YoDA) in complex cases with co-morbidities. I participated in various interagency meetings carried out by TUSLA as part of Meitheal process for complex presentations attending the service.
- I actively liaised with Adult Mental Health Services to help ensure effective transition of adolescents turning 18.
- I acted up as Consultant for three weeks whilst supervisor was on annual leave.

07/2022-07/2023

Senior Registrar, HST Year 2

Dublin North City and County CAMHS

- I actively participated as the Team Coordinator Role during my placement.
- I was responsible for triaging new and urgent community referrals/liasing with referrers.
- I organised the academic program for NCHD trainees and chaired journal clubs.
- I managed acute presentations, screening, urgency and prioritising assessments.
- Managed a caseload of various presentations and joined several consultations to support the multidisciplinary team in diagnosis clarification and management.
- I participated in the weekly ADHD clinic reviews and management of complex cases with Clinical Nurse Specialist on team
- I was second on call to CHI - Children's hospital Emergency Department, Temple Street and the Adolescent Inpatient Unit in St. Vincent's hospital, Fairview. I supported the Registrar who was first on call to AIPU and Emergency department with their initial assessments, treatment, and management of children.

01/2022-07/2022 Year 1

Linn Dara Child and Adolescent Inpatient Unit

- I was responsible for screening assessments weekly to assess suitability for Adolescent Inpatient Unit.
- I managed acute presentations, service users admitted to high dependency unit (high level of risk), severe and complex mental illness (eating disorders intensive inpatient treatment).
- I also managed referrals and involved in weekly national referral conference meetings to discuss new referrals.
- I had the opportunity to liaise and collaborate with interagency teams, schools, families.
- I was involved in management and treatment of complex case presentation.
- I was chairing MDT and had weekly family progress meetings for inpatient service users.

- I ran the weekly psychoeducation programme/sessions as part of the daily curriculum for inpatient service users.
- I had experience in containing team difficulties.
- I had taken lead role in providing direct observation and teaching of intern and registrars under supervision of consultant.
- I was second on call to AIPU Linn Dara and AMNCH Tallaght CHI emergency department/paediatric wards.

07/2021-01/2022

HSE CAMHS Intellectual Disability Community Healthcare East

- I was involved in the assessment, formulation, diagnosis and treatment of children with moderate to profound intellectual disability co morbid mental health disorder.
- I participated in my first HST service development project- To provide an adaptable sensory pathway in the newly dedicated clinical space for service users attending intellectual disability clinic.
- I had the opportunity to present at the SPARK seeding funding conference where my ideas were presented to HSE fund holders.
- I regularly participated in Multidisciplinary team interventions, attended school observation for ADHD assessments and mental state reviews at home visit.
- I had the opportunity to liaise with various interagencies such as Community disability network teams, educational and mental health services for those children attending the CAMHS ID service.

PREVIOUS EMPLOYMENT (6+ years in CAMHS posts)

January 2021-July 2021

YoDA-Youth Alcohol and Drug services
NCHD Psychiatry Registrar
Consultant: Dr. Bobby Smyth
Kilnamanagh Tymon Primary Care centre
Tallaght Dublin 14

July 2019-January 2021

NCHD Psychiatry Child and Adolescent Registrar
Consultant: Dr. Glenda Kavanagh
Lucena Clinic, Summer hill Clinic
Wicklow, Co. Wicklow

February 2018- June 2019

Linn Dara ADHD (ADMIRE) community clinic
NCHD Psychiatry Child and Adolescent Registrar
Consultant: Assistant Prof. Jane McGrath
Cherry Orchard Hospital Campus
Ballyfermot, Dublin 10

October 2017- January 2018

Linn Dara Child and Adolescent Inpatient Unit
NCHD Psychiatry Child and Adolescent Registrar
Cherry Orchard Hospital Campus
Ballyfermort, Dublin 10
Consultant: Prof. Brendan J. Doody/Dr. Imelda Whyte

January 2017 – September 2017

St Fintan's Hospital, Portlaoise, Co Laois
NCHD Psychiatry Child and Adolescent Registrar
Consultant: Dr. Saima Aziz

August 2016 – December 2016

Linn Dara Beechpark Autism Service /Liaison CAMHS Tallaght
NCHD Psychiatry Child and Adolescent Registrar
Consultant: Prof. Louise Gallagher/ Prof Brendan J. Doody

January 2016 – July 2016

Linn Dara Community CAMHS- Team Blanchardstown
NCHD Psychiatry Child and Adolescent Registrar
Consultant- Dr Michelle Clifford

August 2014 – Jan 2016

St. Patrick's University Hospital, Willow Grove Adolescent Inpatient Unit
NCHD Psychiatry Child and Adolescent Registrar
Consultant- Dr. Sarah Buckley/Dr.Elaine Healy/Dr. Therese Thornton

July 2014 - Completion of BST (Basic Specialist Training) in Psychiatry

BST Training in Psychiatry

January 2014 – July 2014

Registrar (General Adult Psychiatry)
St. Patrick's University Hospital
James Street, Dublin 2
Consultant: Dr. Michael McDonough

- Experience gained in an inpatient setting of specialized anxiety disorders
- On- Call duties to psychiatric inpatients.
- Discussion, participation and new cases presented weekly at multidisciplinary team setting.
- Attended weekly in-house teaching, journal club, Balint groups and case conferences.
- Presentation at Team case conference- Obsessive Compulsive Disorder (Case)
- Assessment of new referrals under direct supervision of consultant.

July 2013 – January 2014:

Registrar (General Adult Psychiatry)

HSE (Based in Midwest Community service) Naas General Hospital, Naas, Co. Kildare
Consultant: Dr. John Quinn

- Experience gained in a General Hospital setting (Emergency department/ Inpatient Unit) , Day Hospital after care, along with community based service follow up
- Call duties to psychiatric/medical & surgical wards with A&E consults
- Discussion of new cases presented with Consultant on team weekly.
- Communication and liaison with relevant internal and external referrals in regard to assessment and ongoing management of patients.
- Multidisciplinary team involvement
- Domiciliary visits with Community Psychiatric Nurse
- Community Outpatient clinics & day hospital reviews
- Attended weekly in house teaching and case conferences

January 2013 – July 2013:

Registrar – Child and Adolescent Psychiatry

HSE Linn Dara Castleknock CAMHS, Child and Adolescent Mental Health building, Cherry Orchard Hospital campus, Ballyfermot, Dublin 10

Consultant: Dr. Bernadette Mackey

- Gained experience in assessing and treating adolescents with developmental disorders and general psychiatric illness
- Weekly ADHD outpatient clinic assessments
- Multidisciplinary team involvement
- Attended Family interventions with team members (Senior Psychologist; Speech and language Therapist; Clinical Nurse Specialist, Child Care Leader)
- Experience gained in Adolescent CBT focused sessions with multidisciplinary team member
- General call duties
- Active participant in Journal club
- School Observations with team member
- Liaison with G.P.'s/ Schools/ outside agencies involved in cases.

July 2012 – January 2013:

Registrar (General Adult Psychiatry)

HSE Rehabilitation - Adelaide and Meath Hospital, Tallaght, Dublin

Consultant: Dr. Ena Lavelle

- Gained experience working with service users diagnosed with chronic enduring mental health illness and to identify early on refractory illness.
- Assessment of new referrals

- Assessment and management of residents in supported residential community programme (Medium/low support group residential homes).
- Management of cases on community outreach services.
- Domiciliary visits with Community Psychiatric Nurse
- Outpatient clinics & day hospital reviews.
- Multi-Disciplinary team participation with Community Assertive Outreach Team
- Skills using recovery oriented clinical practice
- Gained knowledge based on vocational rehabilitation training and residential programmes.
- Opportunity to utilize skills in using structured assessment tools (Community Placement questionnaire, Social Functioning Questionnaire, Camberwell Needs Assessment, Risk Assessment).
- Call duties to psychiatric/medical & surgical wards with A&E consults
- Presented at Clinical Case Conference (Case involving Rehabilitation Interventions) – Adelaide and Meath Hospital.

January 2012- July 2012:

Registrar (General Adult Psychiatry)
Addiction Psychiatry
St. Patrick's University Hospital, Dublin
Consultant: Dr. Geraldine O' Keefe

- Ward duties and ward rounds
- Experience working with Multidisciplinary Addiction Team services
- Inpatient care and admissions
- Weekly ADHD clinics, under direct supervision by consultant.
- Adult ADHD assessments in outpatient clinic with follow up management and treatment.
- Weekly Addiction clinic- outpatient follow up.
- Ran weekly Addiction lectures for service users and families as part of STEP UP programme.
- General call duties to St. Patrick's University Hospital/ St. Edmundsbury Hospital
- Presentation on case conference (Alcohol dependency)

July 2011 – January 2012:

Registrar (General Adult Psychiatry)
Acute Special Care Unit, St. Patrick's University Hospital, Dublin
Consultant: Dr. Seamus O' Ceallaigh

Responsibilities included:

- General ward duties and ward rounds

- Attended CBT Psychosis sessions run by the multidisciplinary team
- Presentation at case conference (Drug Induced Psychosis)
- Involved in delivery of teaching UCD final year medical students
- General outpatient clinics

January 2011 – July 2011:

Registrar (General Adult Psychiatry)

St. Edmundsbury Hospital, Lucan, Dublin

Consultant: Dr. Noel Kennedy

- Caring for inpatient on general ward.
- Attending ward rounds & multidisciplinary team meetings
- General call to St. Patrick's and St. Edmundsbry Hospital
- Ran weekly Depression/Anxiety psychoeducation lectures for inpatient service users
- Presented at during case conference

Administrative and Management Experience

➤ Service Development contributions:

- I had the opportunity to complete two six month service development projects during my HST training.
 1. I was involved in creating and implementing an adaptable sensory pathway with my multidisciplinary team for the new location of the CAMHS-ID clinic.
 2. I had the opportunity to present my adaptable sensory pathway ideas to provide a holistic, comprehensive out-patient clinical environment to the HSE fund holders at the SPARK innovative hub conference (2021)
 3. I recently took the lead role in developing and implementing the physical health monitoring clinic for the children attending the CAMHS-ID service.(2024)
- I had the opportunity to act up Consultant for period of three weeks during my Year 3 HST training placement (2023)
- I was involved in service planning meetings for managing/improving the waitlist and referral process in Linn Dara AIPU inpatient service.
- I was actively involved in the National referrals teleconference whilst in Linn Dara AIPU where I had to weekly update the referral list and present at the teleconference.
- I was involved in developing and implementing the individual care plan for YoDA- Youth Alcohol and Drug Service (2021). I also participated in YoDA service operational multidisciplinary meetings- reviewing and updating policies for service.

Teaching and Supervision Experience

- I had co-organized and developed the NCHD teaching programme and chaired the weekly internal academic presentations/ Journal club during my Year 2 of HST training.(2022-2023)
- I provided teaching sessions to medical students at Trinity during my BST training (2014) and HST training (Year 3 of HST- 2023)
- I facilitated a range of groups to family members and young people in Linn Dara Inpatient Unit as part of their weekly inpatient programme.
- As part of my HST training, I have provided clinical supervision to junior NCHD's – mainly coordinating ADHD clinic, management and treatment of ADHD psychoeducation.
- **Poster Presentation** – Presented at the CPsychI Spring Conference (2022)
 - 1) The Needs of Carers of Children and Adults with ID during Covid-19 Pandemic
- **Poster Presentation** – Presented at the CPsychI Spring Conference (2017)
 - 1) Audit of Drug Treatment of ADHD in an Autism Spectrum Disorder Service

Psychotherapy experience

- CBT – long case x 12 months supervised by Senior Clinical Psychologist on CAMHS team.

Research

Irish Medical Journal Publication The needs of carers of children and adults with ID during COVID-19 pandemic. Ir Med J; March 2023;Vol 116;No:3;P750
Authors: D. Rodrigues; L.Sharkey

Audits

- An Audit of the monitoring of Prolactin and Metabolic markers in children and adolescents with moderate/ severe /profound intellectual disabilities prescribed anti-psychotic medications (Sept 2024)
- An Audit for Safety of Trainee NCHD Psychiatrist
- Metabolic monitoring system in Supported Community Rehabilitation/residential Program.

Key Skills & Competencies

- I have extensive clinical experience in Child and Adolescent Psychiatry (Community, Inpatient, ADHD, Eating Disorders, Autism)
- I am confident in my ability to lead and collaborate within multidisciplinary teams
- I am proficient in the use of structured assessment tools.
- Excellent communication skills with patients, families, and colleagues

Continuous Education

- ADHD HST UCD Masterclass (22/02/2024)
- UCD Masterclass: Anxiety and Mood Disorders, Suicide and Self-injury, Deprescribing, Tics and OCD. (01/10/2024).
- ADHD CAP HST webinar attended on 10/09/24
- BLS Certificate (2024)
- Non-Violent Crisis Intervention Certificate (2024)
- HSE Cyber Security Awareness (2024)
- A HSE Open Disclosure: Module 1 - Communicating effectively through Open Disclosure Introduction to Children First(2023)
- AMRIC Hand Hygiene (2023)
- Dignity at Work (Revised 2022)
- Evidence-Based Treatments for Eating Disorders- Motivational Enhancement Therapy (MET) workshop (2021)
- Fundamentals of GDPR HSE (2021)