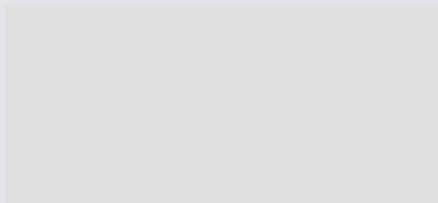


# JAVERIA GAUHAR

IMC REGISTRATION ✓ WORK PERMIT ✓



## PERSONAL DETAILS



## PROFESSIONAL INTERESTS

General Practice/Internal Medicine  
Clinical Psychiatry

## OBSERVERSHIP

### Clinical Psychology

Shaukat Khanam Memorial Hospital, Lahore, Pakistan  
July, 2015 (1 month)

## EXPERTISE

- Telecommunication
- Management Skills
- Entrepreneurial Skills
- Web Development
- Digital Marketing
- Negotiation
- Critical Thinking
- Leadership
- Stress handling
- Communication skills
- Team Work
- Creativity

## LANGUAGE

English (OET)  
Urdu  
Punjabi

## WORK EXPERIENCE

### Registrar Psychiatry

Highfield Healthcare, Swords Road, Whitehall, Dublin 9, Ireland  
January, 2025 to date

### Clinical Tutor in Psychiatry

Mayo Medical Academy, Westport Rd, Castlebar, Co. Mayo, Ireland  
September, 2024 to date

### Telepsychiatry

EUTELMED, Paris, France  
September, 2024 to date

### Post-graduate Trainee (Psychiatry)

Sheikh Zayed Hospital, Lahore | April, 2021 to July, 2024

### General Practitioner

Zafar Bashir Hospital, Lahore | EVENING DUTYS  
July, 2020 - November, 2022

### Campus Doctor

Learning Alliance | DHA Phase 8, Lahore | February, 2020 - April, 2020

### Demonstrator

Physiology | Rahbar Medical & Dental College, Lahore  
November, 2019 - January, 2020

### Medical Officer

Private Wards | Shalamar Hospital, Lahore | August, 2018 - March 2019

## HOUSE JOB

### Jinnah Hospital, Lahore, Pakistan

May, 2017 - May, 2018

- |                 |          |
|-----------------|----------|
| • Medicine      | 3 months |
| • Paediatrics   | 3 months |
| • Gen. Surgery  | 3 months |
| • Ophthalmology | 3 months |

## EDUCATION

### MRCPsych - Part A (UK)

July, 2022

### MD/MS (JCAT) - Part 1

April, 2019

### MBBS

Faisalabad Medical University (PMC), Faisalabad, Pakistan  
Dec, 2011 - Dec, 2016

## EXTRA-TRAINING AND COURSES

- Aesthetics Master Course from M.Asthetics - International Education Board UK & American Board Certified
- Workshop on 'Skills in Information Technology'
- Workshop on 'Skills in Communication'
- Workshop on 'Basic Biostatistics and Research Methodology'
- Workshop on 'Skills in Synopsis and Thesis Writing'
- Workshop on 'Forensic Psychiatry'
- Workshop on 'Ethics and Professionalism'
- Seminar on Psychiatry and Medicine (SZH)-Facilitated
- Active member of Mind Organization (Psychiatry Camps/Community Trips to Hafizabad, Kallar Kahar, Pak Pattan, Taunsa and Burrewala -visits as well as telemedicine)
- BLS Workshop (AHA certified)
- COVID duties
- Teaching Medical Classes

## PUBLICATIONS

- Researches (published in wjpmr)
- Audits (unpublished)

## ACHIEVEMENTS

- sole female representative of Pakistan in Lawn Bowling World Cup 2013, Australia
- sole representative of Pakistan as a Youth Humanitarian Actor in Global Consultation (WHS) 2014 held in Doha, Qatar
- Student Of the Batch 2011 - 2016
- Best Athlete (11 years)
- sports secretary, PMC
- Urdu parliamentary debater

## HOBBIES

- sports: I enjoy playing all sorts of sports especially badminton
- Arts: I have keen interest in miniature arts and craft
- Travelling: I love to travel and visit places
- Reading: I like reading motivational literature & watching documentaries
- Urdu poetry: I immensely enjoy reading and writing poetry; got my first book of Urdu poetry published at the age of 16

## REFERENCES

available upon request