

Personal Profile:

An attentive and proactive development worker with over ten years of pre- and post-qualification experience, dedicated to creating safe, inclusive, and engaging working environments for the vulnerable who may need a supportive advocate. Experienced in various backgrounds, from Residential children's care services. Managing challenging behaviours working on complex family case conferencing. I bring a balanced lived and work experience and a theoretical approach with qualifications at level 8 in Social Care and level 9 in Social Policy. While currently undertaking a Masters in integrative Counselling Counseling and Psychotherapy.

Skills:

- Communications – high level of active listening skills
- Empathic and mentoring guidance skills
- Client-centered focused.
- Experienced working with statutory organisations such as the HSE, TUSLA, HIQA
- Adherence to working within guidelines, policies, and procedures.

Career History:

MOVE Ireland; Men Overcoming Violence: Facilitator Unit 2, First Floor Clare Road Business Mall Clare Road Ennis, Co. Clare 2024. ➤ Delivery of the Choice Program.

ETB Trainer: Trainer of various courses around Co. Tipperary 2024. Delivery of training across a range of disciplines according to regulatory requirements,

Play Activity Therapist: Galtee Clinic, Ballyporeen, Co. Tipperary. July 2023-Present

- Work with young people- One-2-One basis aged 8-18 years old. Delivering training

Community Youth Worker: North Tipperary Development Company, 2 Friars Street, Nenagh, July 2022-July 2023.

- Work with young people on a One-2-One basis aged between 15-24.
- Encourage, motivate, and support all age brackets in the school completion program.
- Coordinate afterschool projects in different locations throughout county Tipperary.
- Work with disadvantaged young people and families to be more inclusive.
- Work with people from the direct provision of asylum seekers, refugees, and travellers to ensure equity and social participation.

Youth Mentoring & Big Brother Big Sister. Foróige: Nenagh Bamba square: May 2017- October 2019

- Advocated for a young person to have his voice heard at case conferences.
- Engaged in local and national strategic planning to ensure the most effective work is done through living experiences.
- Attend Methal meetings.
- Engaged with the Multidisciplinary teams to ensure that the best outcomes can be achieved for the young persons who wish to give a more rounded viewpoint.

Community Outreach Worker Silver Arch FRC: Student Placement: January 2017-December 2017

- Contribution of working with families in planning and delivery of service.
- Have a clear and transparent focus on children's wishes, feelings, safety, and well-being.
- Working in collaboration with families, children, professionals, and communities.
- Encouraging family support services reflects a strengths-based perspective.

Security Manager: County Bar: Liberty Square, Thurles. February 2008 - March 2019

Delivery Training Manager: Lodge Service Summerhill, Nenagh, Co Tipperary: January 2008 – January 2011

Regional Manager: Morrissey's Bar/Chiefs Bar Munster area: October 2004 – January 2008

Senior Support Worker /Day Service Officer: Lewisham Council/Nexus Service Lewisham London England: December 1997- October 2004:

- Create care plans for individual client training programs and person-centered plans.
- Develop contracts with outside agencies to promote and encourage activities within the area.
- Working as a team to achieve goals to maintain and increase adult independence.
- Acting as a care coordinator to support and meet service users' needs.

Achievement & Training:

- Masters. in Counselling & Psychotherapy (Integrative Modalities) Level 9 2024-2026
- Masters in Sexual Health and Consent 2023/24 DCU. Level 9 Certificate
- Child and Family Law: 2023/24: Carlow SETU. Module Certification Level 8
- Understanding Traumatized Children Behaviour Workshop 2023 / ASIST 2023
- Masters of Social Policy: Maynooth University 2022 Level 9
- Designated Liaison Person 2022
- Bachelor of Arts in Social Care: TUS University 2016-2020 Level 8
- Train the Trainer FETAC Level 6 2013

Personal Referees: Available on request.